



John A Griffin, MD
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*Endoscopy
Halflytely Prep*

Information about your: COLONOSCOPY

WHAT IT IS: We use a fiber optic scope to examine the interior part of the bowel. Images from the scope are transmitted to a TV screen.

PURCHASE AT THE PHARMACY:

- HalfLytey Prep Box (Prescription)

PREPARATION AND REMINDERS:

- Stop taking Plavix & Aspirin 7 days prior to test.
- Stop taking Coumadin 3 days prior to test.
- You will need to bring someone to drive you home.

DAY BEFORE:

- In the morning, prepare your HalfLytey solution and refrigerate.
- You will need to drink clear liquids for breakfast, lunch, and dinner. (Water, apple juice, cranberry juice, white grape juice, Gatorade, tea, bouillon broth, coffee without cream, any type of soda, and plain jell-o. **NO SOLID FOODS, NOTHING WITH A RED DYE, PULP OR DAIRY PRODUCTS!!!**)
- At **12 noon** begin taking the 1 time-released Bisacodyl tablet provided in the prep kit box.
- At **6pm** begin drinking HalfLytey as instructed – **8 oz every 10 – 15 minutes** until the bottle is empty. (Rapidly drinking a glassful is better than sipping an ounce or two at a time). You will have consumed several glassfuls before having the first loose, watery bowel movement. Initially, you may feel slightly bloated, but will become more comfortable as you continue to have bowel movements. Be sure to drink ALL of the solution. This should take about 1 ½ hours

AFTER MIDNIGHT:

- **NO FOOD OR DRINK** until the procedure is completed.

DAY OF PROCEDURE:

- **NO FOOD OR DRINK** until the procedure is completed.

BEFORE THE EXAM, NOTIFY US IF:

- You are taking any medications
- **You are unable to complete your prep. We may need to reschedule your procedure.**

HOW IT IS DONE: We use gentle sedation to where the patient is comfortable.

TIME: The procedure will take approximately 30 minutes

AFTER THE TEST: You will remain in recovery for evaluation for a minimum of 30 minutes as directed by the Colorectal Surgeon. After discharge you may resume normal activity over the next 10 hours.

IMC
5121S COTTONWOOD ST
MURRAY UT
GEORGE S & DELORES DORE ECCLES
OUTPATIENT BLDG 2ND FLOOR
801.507.3262

WEC
1220E 3900S STE 1B
SALT LAKE CITY UT
801.281.3657

PARK CITY
900 ROUND VALLEY RD
PARK CITY UT
435.655.7000

ST GEORGE
676 S BLUFF ST
ST GEORGE UT
435.673.8080

Appt Day M T W Th F

Appt Date: _____ Arrival Time: _____